

D.E.F.E.N.D.™ TRAINING MODULES

(The situation will dictate the order of these modules)



DEFENSE

- If you cannot evacuate or hide and there is no other option, then you may have to fight to save yourself or those in your care.
- If you do not have a weapon, then IMPROVISE!



EVACUATE

- Leave the danger area if your assessment deems it safer than staying.
- Follow the reunification page plans and map.



FORTIFY

- Move everyone to the predesignated staging area.
- Locks, lights, and out of sight...and STAY QUIET!
- Place yourself between the greatest perceived threat and those in your care.



EMERGENCY MEDICAL AID

- BLEEDING CONTROL can save lives!
- Provide first aid to injured victims, if it is safe to do so.
- Use direct pressure, tourniquets, and other bleeding control methods to stop the bleeding ASAP!



NOTIFY OTHERS in your immediate area.

- Others in the area are in danger and may not be aware of it.
- Sound the alert!



DIAL 911 immediately!

- Do not assume that someone else has made the call.
- Public service personnel and emergency services will not begin to respond until they have been notified.